

# Isleworth Leisure Centre Main Pool Timetable

Day	6:00	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Monday		Clubs	Lane Swim	Crash Course		Lane Swim			Swim school			Clubs	LS			
Tuesday		Lane Swim		Crash Course		Lane Swim			Swim school			Lane Swim		Clubs		
Wednesday		Clubs	Lane Swim	Crash Course		Lane Swim			Swim school			Clubs	LS			
Thursday		Lane Swim		Crash Course		Lane Swim			Swim school			Lane Swim		Clubs		
Friday		Clubs	Lane Swim	Crash Course		Lane Swim			Swim school		Clubs	LS				
Saturday			Lane Swim	Swim School				Lane Swim			General Swim					
Sunday			Lane Swim	Swim school			Lane Swim		Club			General Swim				

**Please note:**

Timetables are subject to change

Lane swim is adult only 16+

All sessions must be booked online via the website or Lampton Leisure app prior to arriving at centre

# Isleworth Leisure Centre Learner Pool Timetable

Day	6:00	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Monday			Crash Course				AquaFit	Family Float Frenzy			Swim school			General Swim		
Tuesday			Crash Course				AquaFit	Family Float Frenzy			Swim School			General Swim		
Wednesday			Crash Course				GP Referral AquaFit	Family Float Frenzy			Swim School		AquaFit	General Swim		
Thursday			Crash Course				GP Referral AquaFit	Family Float Frenzy			Swim School		AquaFit	AquaFit		
Friday			Crash Course				GP Referral AquaFit	Family Float Frenzy			Swim School		Clubs			
Saturday								Swim School			Family Float Frenzy					
Sunday								Swim school			Family Float Frenzy					
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